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# Henley Herald

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February/March 2025



## Act on Agricultural Land Conservation is just a veil for greater state control

**TLU SA rejects the new Act on the Conservation and Development of Agricultural Land.** The agricultural organisation believes this law is nothing more than a veil for greater state control and a direct threat to the future of agriculture in South Africa. It runs almost parallel to the Expropriation Act and signals a planned attack on farmers' independence and decision-making ability. This is not an attempt to protect land – it is an attempt to control it. A more fitting name for the law would perhaps be the Regulation and Control of Agricultural Land Act.

The law creates a regulatory

**mechanism in which the Minister of Agriculture** has the authority to determine how agricultural land may be used in the future. It places farmers under strict control and imposes heavy penalties, including fines of up to R10 million or even ten years in prison for those who violate these regulations. This raises serious concerns about the future of sustainable agriculture in South Africa.

**TLU SA wants to make it clear:** It is farmers themselves who regulate the conservation of land, not the state. Agriculture is inherently sustainable because any farmer who does not farm

responsibly simply will not survive. Farmers are already implementing conservation practices because it is essential for their survival and for food security. "It is therefore unacceptable that the state, which lacks the expertise or insight, wants to dictate to farmers how they should manage their land," says Bennie van Zyl, General Manager of TLU SA.

**If the government is truly serious about conserving agricultural land,** they should rather ensure that this land is not used for other purposes such as mining. For years, the state has stood by and watched while agricultural land was taken over and polluted by mining activities. Likewise, there is little political will to protect agriculture's critical resources, such as water, from pollution. These are the fundamental challenges that need to be addressed – not further state control over farmers' land use.

**This legislation strongly resembles the centralist models of the former Soviet Union,** where the state dictated what land could be used for which production. These socialist models have failed worldwide, leading only to impoverishment and famine. It is clear that the government is once again trampling the

Constitution by trying to dictate how the economy should function and by undermining farmers' right to free-market decision-making.

**The free market ensures that land is used optimally and sustainably,** as profitability is essential for continued production. The government's increasing interference threatens job creation and wealth generation in rural areas and will ultimately harm food security in the country.

**TLU SA insists that this law be scrapped immediately.** "We will continue to fight for farmers' rights and will not remain silent while the government forces its socialist ideology on the agricultural sector," concludes Van Zyl. **ISSUED BY TLU SA MEDIA INQUIRIES: Bennie van Zyl (TLU SA General Manager) 082 466 4470**

**Vergadering van 29 Jan 2025. Left, Alan McLoughlin Speaker of Council, front lefts MMC Finansies Pat Hutcheson, front rightMMC Gemeenskap Dienste Mary-Anne Myburgh, middle Peter Teixeira Mayor, back Pieter Swart Ward 1 Council Candidate, Chairman Mark McTyre (in blue) and Klaas Pretorius.**

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# Councillor's Corner, Tony Dickinson

**At the January council meeting, the Auditor General announced that Midvaal Local Municipality had once again received an unqualified audit report. This is the 11th consecutive year that MLM has achieved this.**

**An unqualified audit report simply means** that the financial statements of the municipality are fair and transparent based on a thorough investigation. The

## HENLEY HERALD

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auditor general concluded that Midvaal's financial statements present its affairs fairly in all material aspects.

**It is not a measure of how quickly** the pothole that you reported last week is fixed or whether the refuse collectors were late for pick-up last week. What it does measure is the possibility of graft taking place or there being unauthorised or wasteful expenditure. In other words, how are they protecting your money and assets? The final annual report is available on the MLM website.

**Numerous other accolades and**

**awards** have been received, among them, the SALGA award for the best overall municipality in Gauteng and the Ratings Agency award for the most financially sustainable municipality for the 3rd year in a row. At the end of the 2024 financial year, MLM owed both Eskom and Rand Water zero.

**The Midvaal WhatsApp chatbot** was launched in 2024 and has been tested comprehensively. It was launched to enhance resident engagement and to improve service delivery. I would encourage every resident to register and then to use it to

report your water readings every month. A lot of information is available on this portal, and you can report incidents that you feel MLM should be made aware of.

**By the time that this Henley Herald is published,** the new Ward 1 councillor, Peter Swart, will be in full swing. The next municipal elections take place at the end of 2026. If you would like to stand as a councillor in your ward, you will have to apply to the party of your choice to represent them. The DA window is from 1 February 2025 to 30 April 2025. You can visit their website for details or contact me for details. Take care and stay safe.

## Liewe Katrien

Ons is nou sterk in die nuwe jaar en die VSA het weer 'n nuwe president ingehuldig en almal dink hy is die wêreld se nuwe koning. Hy ook, saam met die vaal man van Pretoria wat skielik 'n sê het oor alles en almal se



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doen en late.

Eers hoor ons van die drones en ufos, toe hoor ons van die mis en toe brand die hele Hollywood af. Nou daar is 'n ding wat enige man se kop sal plat maak.

Laat my dink aan Frankryk met sy liberty, fraternity end equality?

Eers bespot hulle alles wat heilig is tydens die Olimpiese spele net om 'n paar weke later die grote Notre Dame heilig toe te wy. Regte klomp god spotters en kloppers.

En natuurlik hier tussen ons lands grense gebeur daar ook 'n paar dinge. Loadshedding maak weer 'n draai en dan die grondonteiennings wetgewing wat wêreldwyd nou so 'n klomp moeilikheid veroorsaak..

En hier in ons dorp is daar ook probleme.

Hoekom word die dump toegemaak terwyl daar 'n squatter kamp welig begin groei?

Word dit geheim gehou om een of ander donker rede en wie sou almal betrokke wees? Gaan die nuwe wetgewing dinge nou verander omdat hulle gewest het dit gaan geteken word?

My siening oor sulke aangeleenthede is dat daar iewers 'n platform is waar gevra word vir gebiede waar sulke plekke

gevestig kan word. Dan is daar een of ander fatcat wat reageer met 'n adres en die nuwe bewoners word aangery. Een keer 'n maand sal die fatcat sy luitenant generaal ardmiraal instuur om die huur te gaan insamel want niemand bly verniet in sulke plekke nie. Hierdie admiraal het volle magtiging om enige iemand wat nie huur maak nie uit te gooi. En die fatcat? Daar is 'n klub waarvan hy moet deel bly of word. Nie 'n goedkoop gedoente nie, dis 'n duur storie en enige manier om sy lidmaatskap te befonds of te bevorder word oorweeg. Hy en sy kinders moet immers getel word as hulle opstaan.

En die lywe wat dan afgelaai word so tussen die gramadoelas? Daar is taxi eienaars wat ook sulke lidmaatskap gelde moet betaal.

Die Vaaldam het weer water, die ding is net om die water nou in die huise te kry.

So ruk gelede het daar baie nuwejaar voornemens hier by my die huis verby geskommel en gedraf en gestap, nou sien ek hulle nie meer nie. Seker te warm.

Al my liefde en onthou tog, die dump is toe.



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The time has come for me to hang up my apron and put my bum on the other side of the bar counter! We are into our seventh year of trading this year, and it has been very memorable. We have made many friends, and through thick and thin, we have survived the number of challenges thrown at us, emerging stronger on the other side. Many of you know the staff personally, as they have almost all been with me the entire period.

It is a sad day for me as the restaurant business has been in my blood for 30 years, but medical conditions have forced this on me. I am glad to have an enthusiastic, interested person taking over the apron, bringing new life, ideas, and personality into the business. Best of luck, Walter and Debbie.

**The Bald Chef**

**A word from the new apron:**

"I would like to thank Peter for the opportunity to take on what many people in the village have known to be a long-time dream of mine - the opening of an authentic Italian Trattoria focused on bringing a touch of Italy through seasonal Italian cuisine.

I will be creating a more intimate space where you can experience the cultural aspect of Italy through food and music while still keeping the takeaway business. Organic seasonal vegetables and pasta galore are to be expected, along with traditional Italian cold cuts, which will be available in the Deli area.

I intend on giving the restaurant a spring clean and to be open by the 11th of March 2025 if all goes to plan. Debbie Firbank and I look forward to serving you."

**Walter Mech**



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## Riverstone Mall Update

It is with great pleasure to inform the Midvaal community that the first Mall (Riverstone Mall) in Midvaal will be launched soon.

In preparation for the opening, MMC Thembi Modiba invites interested individuals to apply for available job opportunities in the Mall. Kindly be advised that the shops that will be operating at the mall will differ on their requirements and application processes, and these will be shared as received from the respective shops.

**Priority will be given to Midvaal residents. YOURS IN SERVICE EXCELLENCE.**

## HoK Landfill Update

**The Henley on Klip waste expired requiring the municipality to close the site.** Due to budget constraints, plans to renew the licence and construct the site have been put on hold until the Walkerville Landfill site issue is resolved.

**The municipality will proceed with obtaining the necessary licences for Henley on Klip as soon as the budget allows.** Since the closure of the landfill site, there has been a noticeable increase in illegal dumping, including incidents such as the

one on Waterford Road. To address this, the municipality is in the process of adopting new waste by-laws that will empower it to impose penalties on illegal dumping. These by-laws are expected to come into effect by the end of 2025.

**Additionally, the municipality has secured a court order to halt illegal land use, including unauthorised waste facilities.** In the meantime, the Waste Department's illegal dumping unit will continue clean-up efforts along Waterford Road's

road reserve to minimise illegal dumping.

**ISSUED BY THE OFFICE OF THE EXECUTIVE MAYOR: Yours in Service Excellence, Ald. Peter Teixeira #PeoplesMayor**

For media enquiries, please contact:

Idah Satikhle  
 Senior Media Officer: Office of the Executive Mayor  
 MokgadiS@midvaal.gov.za  
 010 494 3112



## Suikerbos Distrikboere-Unie

Tydens die maandvergadering van Suikerbos Distriksboere-unie, het die burgermeester van Midvaal, raadslid Peter Teixeira die boere toegesprek en vrae beantwoord. Hy het beklemtoon dat die Midvaal munisipaliteit verbind is tot goeie dienslewering. In antwoord op kommer wat uitgesprek is oor klinieke wat sluit, padonderhoud wat verswak asook Eskom se hersteltye wat onaanvaarbaar lank is, het hy daarop gewys dat nie een van bg die munisipaliteit se

verantwoordelikheid is nie. Hy het wel onderneem om mense te taak om inwoners hiermee by te staan. Hy het ook beklemtoon dat hulle ordelike verstedeliking voorstaan, en daarom die uibreiding van informele behuising so ver as moontlik stuit en verwyder.

**ISSUED BY TLU SA MEDIA INQUIRIES: Bennie van Zyl (TLU SA General Manager) 082 466 4470.**

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# Keep at those New Year's Fitness Resolutions

## Pizazz Dance and Pilates Studio



**What fitness speciality do you offer?**

We offer Modern Dance (an umbrella dance style

incorporating modern, contemporary, jazz, showdance and lyrical), Hip Hop and Tap Dancing, as well as Pilates.

**What classes are available and when?**

Our dance styles are offered Monday to Thursday afternoons, classes and times depend on the dancers style choice and age. Pilates is offered Tuesday & Thursday mornings 08:00-09:00 as well as Monday and Wednesday afternoons 17:00-18:00.

**Where are you based?**

We are based at the Barnyard Theatre Complex in General Hertzog Road, Three Rivers

**How do we get in touch?**

You can get in touch via WhatsApp (0832718093), Instagram & Facebook

**@pizazzdanceandpilatesstudio**

Our fees for dancing are R900 per term and R600 per 12 sessions for Pilates For dancing we enter annual exams, as well as various competitions. **In 2024 our Hip Hop competition team placed 2nd regionally and went on to represent Gauteng on a National Level. All our competing dancers received their Gauteng colours and affordability depending, will represent South Africa at the UDO World Championships in Blackpool UK in August 2025.**

## Spartans Martial Arts Centre

**What fitness speciality do you offer?**

Taekwon-Do based self-defence, Anti bullying training, Dallyon: Physical Fitness, Strength, and Conditioning training. Group training sessions and private lessons, catering for all persons. No experience required. The International Taekwon-do Federation curriculum.

**What classes are available and when?**

Classes are on Mondays and

Wednesdays  
From 17h00 until 18h00  
Then 18h05 until 19h15  
Saturday online classes: 07h00 until 08h00 will commence from early February 2025.

**Where are you based?**

We are located at the Henley on Klip Bowling Club.

**How do we get in touch?**

**Email:** JoinUs@TheSpartans.co.za,  
**Facebook:** @Spartans Martial Arts Centre

**IG:**

@spartansmartialarts\_za  
TT: @spartans\_martiala

**Website: currently under construction and will go live at the end of February 2025**

**WhatsApp: Fastest responses, 065 845 0161**

Monthly fees for kids ages 5 - 17: R350.00  
Monthly fees for adults: 18 and older: R450.00



## Yogacise

I call the class Yogacise, because it's regular yoga with the addition of some toning exercises, ending in a short meditation.

The classes are on Tuesdays and Thursdays from 6pm to 7pm at 901 Eynsham road, Henley. Monthly fees are R350pm  
**Contact Nadia Steiner on WhatsApp at +27 72 059 4018**

## Initium Pilates Studio

**What fitness speciality do you offer?**

The speciality that we also offer is step aerobics and cardio / fitness.

**What classes are available and when?**

Monday – Pilates

Tuesday – Step and Pilates  
Wednesday – Calorie Buster and Pilates  
Thursday – Pilates and Step

**Where are you based?**

Pilates O Conner Hall Henley on Klip Tuesday and Thursday 17:30

I also do home visits where the client is to infirm or not able to get to classes

**How do we get in touch?**

Pilates Henley on Klip contact **Dave 0749202632**  
**Ballet Contact Skyler 076 398 2972**  
**Initium Pilates Studio Elsie Grundling 0833772302**

"I have been in the fitness industry from 1984 in one form or another and have taught pilates for the past 13 years."  
Dave\_

# Bounce N Burn

## What fitness speciality do you offer?

Rebounding, also known as trampoline fitness, is a low-impact exercise that involves jumping on a mini-trampoline, also called a rebounder. It's a fun way to get your heart pumping and improve your balance, coordination and strength, and it's also easy on your joints!

## When are your classes?

Morning class 8am  
Monday to Friday  
Afternoon class

Monday (2 x classes)  
5.00pm & 5.30pm  
Tuesday  
5.00pm  
Wednesday (2 x classes)  
5.00pm & 5.30pm  
Thursday  
5.30pm  
Bounce N burn: R40 per class or R500pm for unlimited classes

## Where are you based?

Bounce N burn is based in Golfpark

## How do we get in touch?

Can contact or whatsapp me on 071 802 4512  
FB page: @Bounce N Burn.



# Henley JKA

## What fitness speciality do you offer?

Karate training is a dynamic and multifaceted form of physical fitness that offers a unique blend of benefits. At its core, karate is a martial art that emphasizes self-defense, discipline, and respect. Strength and Conditioning, Flexibility, Cardiovascular

Endurance, Agility and Balance, Mental Discipline, Self-Defense Skills, Stress Relief, Social Interaction. In summary, karate is a comprehensive fitness specialty that offers benefits in strength, flexibility, endurance, agility, mental discipline, self-defense, stress relief, and social interaction. Whether you're looking to improve your physical fitness or develop mental resilience, karate training provides a well-rounded

approach to achieving your goals.

## What classes are available and when?

We have three classes each Monday and Wednesday.  
1st Class 17:00- 17:45 (students 10 and younger)  
2nd Class 17:45 – 18:30 (white, yellow & green)  
3rd Class 18:30-19:30 (blue belts and above)  
New students, 11 years and older, will attend the 2nd class as the 1st class focuses on child development activities that are more incorporated with play.

## Where are you based?

1812/2 Wargrave Road, Henley on Klip

## How do we get in touch?

Include website and social media as you would like.  
Contact Tarien: 079 863 4831  
Email: prinslooje01@gmail.com  
Facebook: Henley JKA Karate (<https://www.facebook.com/HenleyJKA>)  
Monthly training fees: R650.00 per student

# Meyerton Athletics Club

**MEYERTON ATHLETICS CLUB VISION:** To provide running/walking within Midvaal by providing an environment where all members can run/walk recreationally or competitively whilst maintaining an equitable environment. To promote and provide running opportunities to members of all abilities and ages

and to enhance the running experience of club members.

**MEYERTON ATHLETICS CLUB MISSION:** To inspire healthier communities by connecting people through running in an affordable way.

## What classes/activities are

## available and when?

Timetrials at the HOK bowling club on Thursdays 17h30. We have speedwork on Tuesdays at various places around Meyerton /Henley area. Various other Ad hoc runs on weekends and Public holidays.

## How do we get in touch?

Anyone that want to enquire

about the club and registration details and costs can send us an email on

**meyertonac@gmail.com** or **Whatsapp our secretary Astrid Wendelstadt at 0738126428**



A big thank you to everyone who helped put this together. I appreciate your time and wish

you all a terrific year. To learn more, particularly of Henley JKA for more about the benefits

of Karate, be sure to go to the Henley Herald website, henley-herald.co.za. We will be sharing

the links to all the businesses above on our Facebook.

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# Naturally Debbie

By Debbie Firbank

**This topic, as many of you know, is my passion.** The concept of “food as medicine” reflects the idea that what we eat profoundly affects our overall health, well-being, and ability to prevent and manage disease. This principle has deep roots in many ancient healing traditions, including Ayurveda and Traditional Chinese Medicine, where food has long been recognized not just as sustenance, but as a key component of health care. Today, modern nutritional science increasingly supports these ancient beliefs, showing that the foods we eat can directly influence our immune function, inflammation levels, mental health, and even the expression of certain genes.

**Nutrient-dense foods**, such as leafy greens, berries, nuts, seeds, and fatty fish, are rich in essential vitamins, minerals, antioxidants, and phytochemicals. These compounds are critical for maintaining optimal health and play a role in preventing chronic diseases like diabetes and heart disease. For example, the antioxidants found in fruits and

vegetables help neutralize free radicals, reducing oxidative stress, a key factor in aging and disease. Omega-3 fatty acids from sources like salmon and flaxseed reduce inflammation, improving cardiovascular health and supporting brain function.

**Spices such as turmeric, garlic, and ginger** have been used for centuries for their medicinal properties, and contemporary research confirms their anti-inflammatory, antibacterial, and immune-boosting benefits. Similarly, fiber-rich foods like whole grains, legumes, and vegetables promote gut health by fostering a healthy microbiome. Emerging research links gut health to everything from improved immune function to better mood and cognitive performance.

**One of the best ways to maximize the nutritional benefits of food** is by consuming fresh, locally grown vegetables. Locally sourced produce is often harvested at peak ripeness, ensuring higher levels of vitamins, minerals, and antioxidants compared to produce that has traveled long distances and spent days in

# Let Food be Thy Medicine

storage. Additionally, eating local supports sustainable agriculture, reduces the carbon footprint, and strengthens community food systems. Seasonal vegetables are naturally aligned with the body’s needs—summer fruits hydrate and cool the body, while winter greens provide essential nutrients for immunity. By choosing fresh, local produce, we not only nourish ourselves but also contribute to a healthier environment and economy.

**In addition to providing essential nutrients**, whole, plant-based foods can help prevent the development of chronic diseases, such as Type 2 diabetes and hypertension, and may even slow the progression of some illnesses. While food cannot always replace medications, it can complement traditional treatments, helping to optimize health outcomes. Adopting a diet rich in whole foods, lean proteins, and healthy fats supports the body’s natural healing processes, improving overall longevity and quality of life.

**In a world where chronic diseases are on the rise**, the

adage “let food be thy medicine” is more relevant than ever. By embracing food as a tool for preventive medicine and prioritizing fresh, locally grown vegetables, we can better nourish both body and mind, fostering a more holistic approach to health.

**With this in mind I’d like to thank our local farmers and backyard gardeners who bring their beautiful produce in to Breathe Natural Health every Friday for our Fresh Friday offerings!** They are all very conscious of steering clear of pesticides and chemicals, and are grown in and around Henley, including our eggs. Our aim is to help everyone eat healthy fresh locally sourced food.

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# Heavenly Herbs and Honey Part Two

By **Kate Touche**

**We are at the height of summer**, and Ben's bees are extremely busy gathering pollen to make honey for food for the winter. Whether it is the effects of El Niño or La Niña, the scientists can't agree; our weather was weird this past year, and the summer came about 6 weeks later than usual. This means that the flowers were late, which in turn means the bees had less food and time for their activities.

**The beekeepers are concerned for their bee hives** and whether they may lose a few this winter. Also, the beekeepers expect the honey yield will be far less this year. But Ben has been fortunate so far; we even had a new swarm move in last week. They just arrived from nowhere and took up residence in one of Ben's newly built hives. Now it's a process of keeping them happy and safe so they will continue to stay.

**So what makes a bee happy?** First and foremost is the health and safety of the Queen. A hive of bees will protect their queen at all costs; they will literally die

for her. So the hive has to be safe from insects, spiders, wet weather, too much heat or cold, and very importantly, there must be constant food and a water source around.

### What makes bees unhappy?

There are many things bees dislike, but strong vibrations, like the noise and vibrations of a lawn mower near the hive, can cause them to sting. They hate windy weather, wet weather, and being sprayed with water. They dislike strong smells like perfume, body odour, and even bad breath near them. So don't wear your "Chanel No. 5" when around bees.

**There are 3 types of bees:** the queen, who is slightly longer than a worker bee with shorter wings; the male bees, called drones; and the worker bees. All bees are female except the drones; the drone's only function in life is to mate with the queen; after this, they die and are discarded. The whole process takes a few minutes. The queen rises into the air, and the drones spin around her to get a chance to mate. Ben and I watched this process last week; very sad for the drones. The worker bees then

remove any of the dead drones near the hive, no mean feat as the drone is about double the size of a worker bee, as you can see from the photo Ben took of the drone and the normal bee.

### We watched a worker bee pick up a drone

and drop it over our fence, similar to an army helicopter moving a tank. Talk about girl power! The worker bees have many jobs to do, including cleaning the hive, feeding the developing larva, ripening the honey, secreting and moulding the wax combs, guarding the entrance, and taking orientation flights to look for pollen and water. So the term "busy bee" is very appropriate. The lifespan of a worker bee is between 2 to 6 weeks, longer in winter because they are safe inside the hive. A queen bee lives from 2 to 5 years. We will go into more detail about her life cycle and functions in our next article.

**As you can see, bees are fascinating creatures, and we are learning something new every day about them.**

**The honey recipe this month is: Honey and Lavender Cake**



- Ingredients** 250 g cake flour  
 2 teaspoons baking powder  
 ¼ teaspoon baking soda  
 ½ teaspoon salt  
 2 to 3 teaspoons dried lavender  
 150 g butter, softened  
 2 large eggs  
 40 g raw honey  
 2 teaspoons vanilla essence  
 ½ cup milk.

- Honey glaze ingredients**  
 2 tablespoons water,  
 1 tablespoon honey,  
 50 g icing sugar,  
 a pinch of crushed lavender.

**Method**  
 Heat oven to 350°F or 175°C. Grease and flour a loaf pan. Sift dry ingredients together and crush lavender into the dry mixture. Beat the butter and sugar together until light and fluffy. Add beaten eggs slowly to the mixture while beating the mixture slowly. Incorporate the vanilla essence, honey, and the milk. Add dry ingredients and beat until just incorporated; do not overbeat. Pour the mixture into a loaf pan and bake around 60 minutes until a toothpick comes out clean when inserted. Cool the cake, then remove from the pan and cool on a rack. Make the honey glaze. Heat the honey and water gently on the stove till the honey is very runny. Whisk in the icing sugar, add the crushed lavender, then pour over the loaf. Serve with a dollop of cream.



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## Introducing FURBIEZ: The New Mobile Dog Grooming Service

Henley on Klip, nestled just outside the bustling metropolis of Johannesburg, Henley on Klip boasts a tight-knit community that prides itself on supporting local businesses. As proud new residents of this charming town, we are thrilled to announce the

**launch of our mobile dog grooming unit, FURBIEZ, aimed at fostering local growth and bringing top-notch grooming services to your furry friends.**

Having moved from

Johannesburg a few months ago, we've embraced the serene lifestyle of Henley on Klip and are excited to contribute to the vibrant local economy. With over two decades of business experience and a lifelong passion for pet care, we saw an opportunity to fill a gap in the Midvaal area, where grooming services for dogs are few and far between.

**FURBIEZ is dedicated to providing quality, compassionate grooming for your beloved pets.** Our team consists of qualified and caring dog groomers who ensure that every grooming session is a positive experience for your pets. Our state-of-the-art mobile unit is equipped with the latest technology from industry leaders and features an eye-catching wrap designed by Sign Wonder, making sure our service stands out as we travel around town.

Whether your furry companion needs a quick trim, a thorough bath, or a complete grooming makeover, FURBIEZ is here to

meet your needs. We understand the importance of keeping your pets clean and comfortable, especially when they share your couches and beds. With our convenient mobile service, you can enjoy the benefits of professional grooming without leaving the comfort of your home.

**At FURBIEZ, we are not just offering a service;** we are creating a community of well-groomed, happy pets and satisfied pet owners. Look out for our cute little grooming unit as we make our rounds in Henley on Klip. We can't wait to meet you and your furry friends! Our Online booking feature makes booking your pets grooming session a breeze, your details are saved for the next booking making it even easier.

**For more information and to schedule an appointment, please contact us at [www.furbiez.co.za](http://www.furbiez.co.za)**

## LOCAL FERAL CAT CARERS

**The local feral cat carers in the neighbourhood [affiliated with NCat (The National Cat Action Taskforce)] are noticing the heinous treatment of vulnerable animals as follows:** disappearances, allowing children to chase them, being pelleted continuously, being chased down by dogs off-lead (in public spaces), and most recently one with its head smashed against a tree trunk until dead. These actions are unlawful.

**"We believe that feral cats deserve caretaking just as much as the cats with whom we share our homes.**  
All SPCAs in SA are governed

by the Societies for the Prevention of Cruelty Act No. 169 of 1993, which is administered by the National Council of Societies for the Prevention of Cruelty to Animals (NSPCA). The NSPCA is a statutory body that deals with national issues and, like all SPCAs, enforces the APA Act No. 71 of 1962 throughout South Africa. In addition, the Constitutional Court (Concourt) of SA ruled in favour of the NSPCA on 8th December 2016, confirming the NSPCA has the statutory power to institute private prosecutions in terms of section 6 (2) (e) of the SPCA Act no. 169 of 1993 read with

Section 8 of the Criminal Procedure Act no. 51 of 1977. Attitudes of individuals as well as those of communities and societies change as more information becomes available. Thus, what is considered to be an accepted practice to one generation may be condemned by the next. The SPCA endorses trap-sterilise-return (TNR), which helps improve the health and quality of life for feral cats and prevents more from being born into a dangerous and difficult existence."

**It is best to keep a small and manageable colony,** as they assist with keeping the rodent population down and keep other

cats at bay. Removing all the cats will only create a void for more cats to move into.

**We furthermore have a moral, ethical & legal responsibility of care towards all animals,** and this would include them not being tied up, caged, or living in filthy conditions without food, water, or adequate shelter from the elements.

**The SPCA does provide an inspectorate for our area. Vereeniging (016) 422-1505 / 083 292 5862.**

**\*Directly quoted from the SPCA- Find info pictures on the Henley Herald website.**

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# Henley's Own Cooking School

**Farmhouse Deli Co.**, known for handcrafted sourdough and rustic food, now brings its passion to the **Cooking School in Henley on Klip**. Our hands-on classes cater to all skill levels. Our classes are intimate, so limited space available.

## UPCOMING CLASSES AND COURSES FEB & MARCH

8-Week Beginners Basics	Start 8 March
8-Week Domestic Worker Cooking	Start 11 March
4 Week Teen Chef Cooking Skills	Start 29 March
Theme Class: Greek Feast	22 Feb
Theme Class: Italian Pizza Pasta	15 March



Book today at [www.farmhouse-deli-co.com](http://www.farmhouse-deli-co.com) to reserve your spot.

## New Cooking School in Henley to Bring Confidence and Joy to Home Cooking

by **Nelia Joubert-Hartman**  
**In a world where fast food and convenience meals dominate,** Farmhouse Deli Co. is taking a different approach—one that celebrates real, honest cooking and helps people gain confidence in the kitchen. Whether you're a beginner, a domestic worker preparing family meals, a teenager eager to cook, or someone looking to explore global flavors, the new Cooking School offers hands-on classes designed to make cooking simple, practical, and enjoyable.

For Steven and Nelia, the husband-and-wife team behind Farmhouse Deli Co., food has always been about more than just nourishment. "Cooking is a skill that everyone should have," says Steven. "It's about more than following recipes—it's about understanding ingredients, using what you have, and making meals that bring people together."

**Cooking for Real Life**  
 Unlike high-pressure culinary

schools focused on professional techniques, Farmhouse Deli Co. teaches real-world home cooking. "We designed these classes with everyday life in mind," explains Nelia. "We want to help people cook with confidence—whether it's making a homemade meal, prepping and storing ingredients efficiently, or exploring different cuisines without feeling overwhelmed." The school offers a structured 8-week program for beginners wanting to build a strong foundation, as well as a specialized domestic worker course that emphasizes nutritious, balanced meal preparation. Younger chefs are also welcome, with a 4-week junior cooking class that encourages independence and creativity in the kitchen. For those wanting a more flexible experience, half-day themed workshops allow participants to dive into international cuisines like Italian, Greek, Middle Eastern, and Asian street food, or refine skills such as baking, meal prep, and plant-based cooking.

**Bringing People Together Through Food**  
 Beyond learning techniques, Steven and Nelia see these classes as a way to foster a sense of community. "Food brings people together," says Nelia. "Whether it's a child cooking for

the first time, a home cook gaining confidence, or someone discovering a love for baking, we want this to be a warm and inviting experience." Classes are kept small and interactive, ensuring that participants get hands-on guidance. "Our goal is to take the stress out of cooking," Steven adds. "You'll leave each class not just with new skills, but with a meal you've made yourself—something to share and enjoy."

**Private Cooking Events**  
 In addition to scheduled courses, Farmhouse Deli Co. also offers private group bookings for birthday parties, team-building events, and year-end functions. These tailor-made sessions allow groups to cook and celebrate together in a relaxed, hands-on environment, making for a truly unique experience.

**Join the Experience**  
 With a growing appreciation for wholesome, homemade food, the Farmhouse Deli Co. Cooking School is set to become a hub for learning, creativity, and connection—whether you're mastering the basics, exploring new flavors, or simply looking for a fun, hands-on experience.

**For more details and upcoming course schedules, visit [www.farmhouse-deli-co.com](http://www.farmhouse-deli-co.com).**

## February/March Dates and times subject to change.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
16	17	18	19	20 MAC Time Trails @The Bowler Shakes Dance Club Dance Lesson @O'Connor Hall	21 1st Henley Scouts Meeting @Scouts Hall 1sthenleyscouts.co.za	22 Lion's Book and Art Sale @O'Connor Hall MAC Parkrun
23	24	25	26	27 MAC Time Trails @The Bowler Shakes Dance Club Dance Lesson @O'Connor Hall	28 1st Henley Scouts Meeting @Scouts Hall 1sthenleyscouts.co.za	1 Step Back in Time with Us @The Realm Mac Parkrun
2	3	4	5	6 MAC Time Trails @The Bowler Shakes Dance Club Dance Lesson @O'Connor Hall	7 1st Henley Scouts Meeting @Scouts Hall 1sthenleyscouts.co.za	8 Mac Parkrun
9	10	11	12	13 MAC Time Trails @The Bowler Shakes Dance Club Dance Lesson @O'Connor Hall	14 1st Henley Scouts Meeting @Scouts Hall 1sthenleyscouts.co.za	15 Mac Parkrun
16	17	18	19	20 MAC Time Trails @The Bowler Shakes Dance Club Dance Lesson @O'Connor Hall	21 1st Henley Scouts Meeting @Scouts Hall 1sthenleyscouts.co.za	22 Mac Parkrun



The Sedibeng under-15 Juniors, above left, Henley on Klip Bowling Club House, above right

## Henley on Klip Bowling Club Earns Top Rating & Celebrates Junior Gold Medal Win

The Henley on Klip Bowling Club has achieved a significant milestone, receiving an A+ rating for its bowling green from the Sedibeng District. This recognition is a testament to the hard work and dedication of the club's greenkeeper, John Baty, and groundsman, David Komane, who have maintained the facility to an exceptional standard. With this achievement, the club is proud to offer

outstanding facilities to its members and the wider community.

Adding to the club's recent success, Sedibeng Bowls participated in the prestigious Gauteng Challenge in January 2025. This annual tournament brings together top talent from across the province, and Sedibeng's young bowlers shone brightly. Representing the

Sedibeng Under-15 Juniors, Nathan and Jessie Wilkinson from Henley on Klip Bowling Club, alongside Liza Marie Steyn and Nathan Steenberg from Vanderbijlpark Town Bowling Club, secured a gold medal—a remarkable achievement for the district.

To maintain and enhance these facilities, the club is organizing a series of fundraising events in the coming months. Community support is vital, and all contributions will help ensure that both the bowling and tennis facilities continue to thrive.

The Henley on Klip Bowling Club remains deeply committed to the development of young athletes and fostering a strong community spirit. In addition to its bowling facilities, the club is also home to a growing tennis club, providing even more sporting opportunities for local residents.

For more information on how to get involved, support fundraising efforts, or join the club, residents are encouraged to reach out and be part of this vibrant sporting and social community.

**Lauren Coetzee – Bowls Convenor**  
Enquires : 064 759 6806



## Local man challenges Drak

Uwe Schmidthaus at Drak - PHOTOS COURTESY OF HANNA VAN DEVENTER SPORT PHOTOGRAPHER

By Jennie Dallas


The N3TC DRAK RIVER CHALLENGE is one of South Africa's biggest canoe races - held in the heart of the KZN Midlands, in Underberg, the race boats beautiful scenery and clean water. With recent rains the river level was exciting and the first day of the race was 38km with some tricky rapids in two of the gorges the paddlers paddle through - one being Glenhaven with a reputation for shifting the lead ! Day one started at Swartburg Bridge (Intersection of R617, and the Drak Gardens Road), finishing at Hopewell Farm (across the river from Umzimkulu River Lodge.

region!!

Local resident in the Meyerton area, frequently found on the Klip river, Uwe Schmidthaus enjoyed the fast flowing high water level with the technical challenges finishing as 5th Sub Grand Master age category in 4 hours 42 minutes (88th K1) (thats a one man kayak), and his son who he has taught and mentored for many years - Under 23 Kelby, finished in 5 hours 17 minutes as 137 overall and 32nd Under 23. A fantastic weekend in Underberg paddling the Drak 2025 on the Umzimkulu river . The rains came in time and the paddlers were blessed with paddling some of the best rapids in the country in a full river .

Day 2 started at Castleburn Bridge and finished at the Swartburg Bridge approximately 25km. The river is tricky and technical with notorious Black Murray being the final rapid before the finish. There are trail running and mounting biking races the same weekend so busy and lots of fun in the mountain

Uwe and Kelby Schmidthaus raced each other in single canoe's and this year experience had the edge on youth and strength. Both train in Henley on Klip and with Kelby joining Potch university this year he hopes to continue paddling for



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